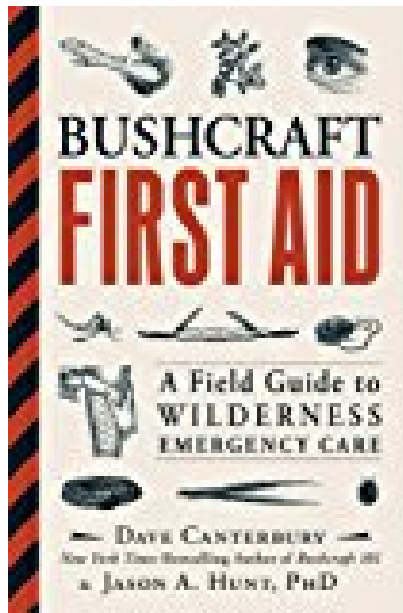


Bushcraft First Aid A Field Guide to Wilderness Emergency Care



BOOK DETAILS

- Author : Dave Canterbury
- Pages : 256 Pages
- Publisher : Adams Media
- Language : English
- ISBN : 1507202342

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BOOK SYNOPSIS

From wilderness expert Dave Canterbury and outdoor survival instructor Jason Hunt comes the next installment in the New York Times bestselling Bushcraft series—a go-to first aid resource for anyone headed into the woods. Out in the woods or on top of a mountain, there's no calling 9-1-1. Bushcraft First Aid teaches you how to be your own first responder. The authors' years of experience and training will help hikers and backpackers deal with a variety of emergency situations, from cuts and burns to broken bones and head injuries. You'll also learn what to pack and how to make bandages, dressings, and slings at a moment's notice. As bushcraft experts, Canterbury and Hunt explain how to use plants as medicine to treat various conditions. Bushcraft First Aid provides the lifesaving information you need to keep yourself and your fellow hikers safe on the trail.

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