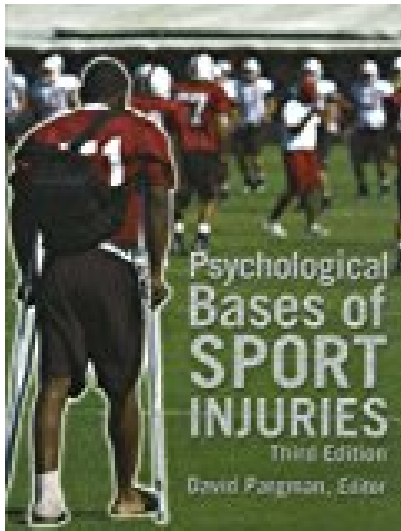


# Psychological Bases of Sport Injuries

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## BOOK DETAILS

- Author : David Pargman
- Pages : 381 Pages
- Publisher : Fitness Information Technology (FiT)
- Language : English
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## BOOK SYNOPSIS

Experts in their field, the contributors offer their valuable insights into the complex intersection of sport psychology and injury, citing current research as well as real-life experience. New and updated chapters address an array of important topics and are grouped into relevant sections: Preventing athletic injury; Rehabilitating the injured athlete; counselling the injured athlete; Issues for coaches; and Special considerations and case studies.

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