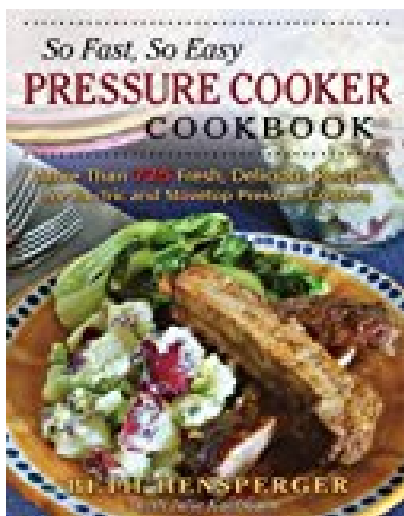


So Fast So Easy Pressure Cooker Cookbook More Than 725 Fresh Delicious Recipes for Electric and Stovetop Pressure Cookers



BOOK DETAILS

- Author : Beth Hensperger
- Pages : 600 Pages
- Publisher : Stackpole Books
- Language : English
- ISBN : 0811714772

[↓ DOWNLOAD](#)

BOOK SYNOPSIS

The only pressure cooker cookbook—for electric and stovetop pressure cookers—you'll ever need! What's not to love about the pressure cooker? Using pressure created by super-heated steam, the pressure cooker can cut cook times by 70 percent, meaning dinner is on the table faster, and with significantly less energy use. Your dinner will be more nutrient-rich because vitamins and other good things won't be lost in evaporating steam. And it will taste delicious and succulent because none of the food's moisture has been allowed to escape. Finally, today's modern pressure cooker has been re-engineered for safety and ease of use, including the development of the electric pressure cooker. Because no moisture evaporates during cooking, conventional stovetop recipes do not work in the pressure cooker. For success, the pressure cooker requires different food to liquid ratios and because of that superheated pressure, cook times are very precise. With this comprehensive guide, the busy cook can use fresh ingredients to create more than 700 tasty recipes developed for and scrupulously tested and retested for the pressure cooker. • Chapters on Poultry, Pork, Beef & Veal, Lamb & Game, and Seafood include Zinfandel-braised short ribs that cook in just 30 minutes, herb-stuffed whole turkey breast and braised lamb shanks ready in 25 minutes, and baby back ribs that pressure-cook in just 15 minutes. • Individual chapters on grains, beans, rice dishes (including risotto and breakfast rice), potatoes, chili, and tomato sauces (with and without meat), as well as on soups, vegetables, desserts, making your own baby food, and much more. • An introductory chapter explains the ins and outs of the pressure cooker, with valuable tips and advice. The authors also include recipes for lots of basics, such as how to cook different types of rice and varieties of dried beans.

SO FAST SO EASY PRESSURE COOKER COOKBOOK MORE THAN 725 FRESH DELICIOUS RECIPES FOR ELECTRIC AND STOVETOP PRESSURE COOKERS - Are you looking for Ebook So Fast So Easy Pressure Cooker Cookbook More Than 725 Fresh Delicious Recipes For Electric And Stovetop Pressure Cookers? You will be glad to know that right now So Fast So Easy Pressure Cooker Cookbook More Than 725 Fresh Delicious Recipes For Electric And Stovetop Pressure Cookers is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product.

Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. So Fast So Easy Pressure Cooker Cookbook More Than 725 Fresh Delicious Recipes For Electric And Stovetop Pressure Cookers may not make exciting reading, but Applied Numerical Methods With Matlab Solution Manual 3rd Edition is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with So Fast So Easy Pressure Cooker Cookbook More Than 725 Fresh Delicious Recipes For Electric And Stovetop Pressure Cookers and many other ebooks.

We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with So Fast So Easy Pressure Cooker Cookbook More Than 725 Fresh Delicious Recipes For Electric And Stovetop Pressure Cookers. To get started finding So Fast So Easy Pressure Cooker Cookbook More Than 725 Fresh Delicious Recipes For Electric And Stovetop Pressure Cookers, you are right to find our website which has a comprehensive collection of manuals listed.